

AUGUST LUNCH CALENDAR

Ludlow Senior Center • (413) 583-3564 • www.ludlow.ma.us

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch is served at noon. We appreciate it if you check in at the nutrition table 10 to 15 minutes before we serve.		1 Turkey Burger Sweet Potato Fries	2 Spaghetti & Meatballs Garlic Bread	3 Monte Cristo Sandwich "Must Go Soup"
6 Lazy Chicken Pot Pie Biscuit	7 Liver & Onions Rice Green Beans	8 Cobb Salad	9 Cowboy Burger French Fries	10 Seafood Newburg Over Rice Mixed Vegetable
13 Pizza Side Salad	14 Potato Crunch Fish Fries Coleslaw	15 BIRTHDAY LUNCH Meatloaf Mashed Potatoes Glazed Carrots	16 Chicken Parmesan With Ziti	17 Turkey Reuben "Must Go Soup"
20 Baked Cod Rice Pilaf Green Beans	21 OUTSIDE CONCERT Turkey & Cheese Grinder with Chips	22 Beef Stroganoff Over Egg Noodles	23 Asian Chicken Salad	24 Baked Ziti And Sausage
27 Chicken Filet on Roll Cucumber Salad	28 Shaved Steak Grinder Tater Tots	29 Marinated Tuna Salad Over Mixed Greens	30 Meat Ravioli With Marinara Sauce	31 Pork Chow Mein Over Rice