

# FEBRUARY LUNCH CALENDAR

Ludlow Senior Center • (413) 583-3564 • www.ludlow.ma.us

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Don't forget to support The Friends of the Ludlow Senior Center by attending their "Valentine Breakfast" on Sunday, February 10th at the Polish Americans Citizen Club. Tickets are \$7.00. Children 5 and under are free. 8:00 am - 11:00 am.</b></p>				<p><b>1</b> Baked Pork Chop with Apples &amp; Onions Stuffing and Spinach</p>
<p><b>4</b> Eggplant Parmesan Over Pasta</p>	<p><b>5 CHINESE NEW YEAR LUNCH</b> Chicken Lo Mein Egg Roll</p>	<p><b>6</b> Taco Salad</p>	<p><b>7</b> Roast Turkey Dinner</p>	<p><b>8</b> Seafood Casserole Rice Mixed Vegetable</p>
<p><b>11</b> Mild Chili 1/2 Baked Potato</p>	<p><b>12</b> Chef Chop Salad</p>	<p><b>13</b> Potato Crunch Fish Rice Pilaf Mixed Vegetables</p>	<p><b>14 VALENTINES LUNCH</b> Pot Roast Mashed Potatoes Carrots</p>	<p><b>15</b> Grilled Cheese Sandwich Chips Tomato Soup</p>
<p><b>18</b> <b>CLOSED FOR HOLIDAY</b></p>	<p><b>19</b> Vegetable Lasagna Garlic Bread</p>	<p><b>20 BIRTHDAY LUNCH</b> Meatloaf Au Gratin Potatoes Green Beans</p>	<p><b>21</b> Vegetable Primavera</p>	<p><b>22</b> Baked Chicken Broccoli Casserole Rice</p>
<p><b>25</b> Vegetable Stir Fry Fried Rice</p>	<p><b>26</b> Shepard's Pie</p>	<p><b>27</b> Chicken Cacciatore With Ziti Small Salad</p>	<p><b>28</b> Ham Steak Scalloped Potatoes Carrots</p>	