

JANUARY ACTIVITIES CALENDAR

Ludlow Senior Center • (413) 583-3564 • www.ludlow.ma.us

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CLOSED FOR HOLIDAY	2 10:30 to 11:30 a.m. & 1:30 to 3:00 p.m. - "New Year Improved Me" (NYIM) kick off & sign-ups	3 1:15 p.m. Classic Movie: I Love Lucy Reruns	4 National Spaghetti Day 11:15 a.m. Horse Races
7 12:30 p.m. Eastfield Mall, Or Stop & Shop Trip 1:00 p.m. Billiards Travel 1:15 p.m. Movie: The House With A Clock on Its Walls (PG, 105 m)	8 10 a.m. Caregiver Support Group 10:30 a.m. "Coffee Talk" with Chief Madera 1 p.m. Decorating Group	9 10 a.m. Friends Meeting	10 10:30 a.m. NYIM check-in 10:30 a.m. State Senator Lesser Office Hour 1:15 p.m. Classic Movie: I Love Lucy ReRuns	11 9:30 a.m. Louis & Clark Equipment Tune-Up Clinic 1:30 p.m. Book Club
14 1:00 p.m. Billiards Travel League 1:15 p.m. Movie: Dog Days (PG, 112 m)	15 NATIONAL STRAWBERRY ICE CREAM DAY 10:30 a.m. Strawberry Ice Cream Samples in Lounge 1 p.m. Brown Bag	16 BIRTHDAY LUNCH 11:30 Chorus Performs 2:p.m. Trivia 4:30 p.m. COA Board Meeting	17 LUNCH & LEARN 10:30 a.m. New Senior Center Update Noon Ludlow Fire Dept on Safety at Home 1:15 p.m. Classic Movie: I Love Lucy Reruns	18 10:00 a.m. Memory Café 1:15 p.m. Girls Scouts at Volley Ball
21 CLOSED FOR HOLIDAY	22 1 p.m. Hearing Appointments 1:30 p.m. Paraffin Wax Hand Treatments	23 8:15 a.m. Facials 9:30 a.m. Jewelry Class 10 a.m. TRIAD 10:30 a.m. Veterans Agent Office Hours	24 10:30 a.m. NYIM check-in 1 p.m. Cribbage 1:15 p.m. Classic Movie: I Love Lucy Reruns	25 8:30 a.m. Men's Breakfast In Ludlow - Jodi speaks about New Center Updates 1:30 p.m. Book Club
28 1:00 p.m. Billiards Travel League 1:15 p.m. Movie: Pirates of the Caribbean: Dead Men Tell No Tales (PG-13, 122 m)	29 NAT'L CORN CHIP DAY 10:30 a.m. Corn Chip Samples in the Lounge	30	31 1:15 p.m. Classic Movie: I Love Lucy Reruns	