

JANUARY LUNCH CALENDAR

Ludlow Senior Center • (413) 583-3564 • www.ludlow.ma.us

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CLOSED FOR HOLIDAY	2 Ham, Rice & Broccoli Casserole	3 Hot Dogs & Beans Coleslaw	4 Nat'l Spaghetti Day Spaghetti & Meatballs
7 Kielbasa Sauerkraut Potatoes	8 Shepard's Pie	9 Cobb Salad	10 American Chop Suey Garlic Bread	11 Chicken Salad Sandwich Chicken Noodle Soup
14 Reuben Casserole Roasted Potatoes	15 Steak & Cheese Grinder With Onions & Peppers French Fries	16 BIRTHDAY LUNCH Chicken Parmesan Over Pasta Small Salad	17 LUNCH & LEARN Baked Cod Rice Pilaf Carrots	18 Vegetable Frittata Sweet Potato Fries
21 CLOSED FOR HOLIDAY	22 Maccaroni & Cheese Stewed Tomatoes	23 Baked Chicken AuGratin Potatoes Mixed Vegetables	24 Stuffed Cabbage Buttered Noodles	25 Seafood Salad Plate
28 Cowboy Burger French Fries	29 Asian Chicken Salad	30 Swedish Meatballs Over Egg Noodles Vegetable	31 Fish & Chips	