

JULY LUNCH CALENDAR

Ludlow Senior Center • (413) 583-3564 • www.ludlow.ma.us

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED FOR HOLIDAY	4 CLOSED FOR HOLIDAY	5 Chicken Parmesan Penne Pasta	6 Turkey Loaf 1/2 Baked Potato Green Beans	7 Marinated Tuna Salad Over Mixed Greens
10 Stuffed Peppers Buttered Noodles	11 Cobb Salad	12 Mild Chili 1/2 Baked Potato Corn Bread	13 OUTSIDE CONCERT Cold Cut Grinder Chips	14 Baked Stuffed French Toast Sausage Links
17 Marinated Chicken Thighs Rice Pilaf Beets	18 Spaghetti With Meat Sauce Garlic Bread	19 ANNIVERSARY & BIRTHDAY LUNCH Roast Pork Mashed Potatoes Brussel Sprouts	20 Potato Crunch Fish Cole Slaw Tater Tots	21 Turkey Waldorf Salad
24 Seafood Salad Plate Potato Salad Three Bean Salad	25 Ham & Stewed Tomato Casserole Over Rice	26 Kielbasa Pierogies	27 Egg Salad Stuff Tomato Macaroni Salad	28 Lazy Chicken Pot Pie With A Biscuit
31 Chicken Marsala Egg Noodles Broccoli				