

MAY LUNCH CALENDAR

Ludlow Senior Center • (413) 583-3564 • www.ludlow.ma.us

Monday	Tuesday	Wednesday	Thursday	Friday
1 Salmon Loaf Roasted Potatoes Green Beans	2 Shaved Steak Grinder With Cheese Sauce French Fries	3 Chicken Cacciatore Over Rice	4 Spinach & Cheddar Frittata Sweet Potato Fries	5 Kielbasa Lazy Pierogies
8 Shepherds Pie	9 Chef Salad	10 Swedish Meatballs Over Egg Noodles	11 Baked Cod 1/2 Baked Potato California Medley	12 MOTHER'S DAY LUNCH Lemon Chicken Rice Pilaf Harvard Beets
15 Meatloaf Scallop Potatoes Mixed Vegetable	16 Cold Cut Grinder Sun Chips	17 BIRTHDAY LUNCH Roast Turkey Mashed Potatoes Brussel Sprouts	18 Tuna Salad Plate Strawberry Spinach Salad	19 Lasagna Garlic Bread
22 Chicken Broccoli Alfredo Over Penne Pasta	23 Beef Burgundy Over Rice	24 Crab Cakes Sweet Potato Fries Cole Slaw	25 Cowboy Burger Baked Beans	26 MEMORIAL DAY LUNCH BBQ Chicken Thighs Potato Salad Corn
29 CLOSED FOR MEMORIAL DAY	30 Potato Crunch Fish Tater Tots Cole Slaw	31 Chicken Fajita Salad	<p><u>March with us in the Ludlow Memorial Day Parade!</u></p> <p>The parade route is less than 2 miles long and we walk at a very leisurely pace. If you would like to walk part of the route and then ride in the van, that is no problem! Join us Monday, May 29th. We'll meet at the Center by 7:30 a.m. If you want to join us see Debbie.</p>	