

NOVEMBER LUNCH CALENDAR

Ludlow Senior Center • (413) 583-3564 • www.ludlow.ma.us

Monday	Tuesday	Wednesday	Thursday	Friday
<p>When you wear your coat to the Senior Center please make sure your name is somewhere on your coat. It's as simple as writing your name on a piece of paper and putting in your coat pocket.</p>		<p>1 Hamburger Chow Mein</p>	<p>2 Eggplant Parmesan Penne Pasta Salad</p>	<p>3 Monte Cristo "Must Go" Soup</p>
<p>6 Stuffed Cabbage Buttered Noodles</p>	<p>7 Crab Cakes Tater Tots Coleslaw</p>	<p>8 Pizza Salad</p>	<p>9 VETERANS DAY LUNCH Meatloaf Mashed Potatoes Glazed Carrots</p>	<p>10 CLOSED FOR HOLIDAY</p>
<p>13 Cowboy Burger French Fries</p>	<p>14 Chef Salad</p>	<p>15 BIRTHDAY LUNCH Chicken Marsala Egg Noodles Vegetable Medley</p>	<p>16 Baked Cod Rice Pilaf Mixed Vegetables</p>	<p>17 Vegetable Lasagna Garlic Bread</p>
<p>20 Spaghetti & Meat Sauce</p>	<p>21 THANKSGIVING LUNCH Turkey With All The Fixings</p>	<p>22 Shrimp Poppers Seasoned Fries Coleslaw</p>	<p>23 CLOSED FOR HOLIDAY</p>	<p>24 CLOSED FOR HOLIDAY</p>
<p>27 Lazy Chicken Pot Pie With A Biscuit</p>	<p>28 Salmon Boat Rice Pilaf Corn</p>	<p>29 Chicken Caesar Salad</p>	<p>30 Swedish Meatballs Over Egg Noodles</p>	<p>Looking for more to do? Our continuing activities are listed on page 4.</p>