

OCTOBER ACTIVITIES CALENDAR

Ludlow Senior Center • (413) 583-3564 • www.ludlow.ma.us

Monday	Tuesday	Wednesday	Thursday	Friday
1 HOMEMADE COOKIE DAY 8 a.m. Trip Signups 10:30 a.m. Cookie Samples 12:30 p.m. Eastfield Mall, Or Stop & Shop Trip 1:15 p.m. Movie: Adrift (PG-13, 99 min)	2 10:00 a.m. Move-N-Groove 1 p.m. Decorating Group	3 NATIONAL COFFEE WITH A COP DAY 10:00 a.m. Chief Madera in Lounge	4 1:15 p.m. Classic Movie: Cat on a Hot Tin Roof - Part 1 (72 min)	5 DO SOMETHING NICE DAY (See page 7) 11:15 a.m. Horse Races 1:15 p.m. Girl Scouts Visit - Chair Volleyball 1:15 p.m. Movie: Grace & Frankie episodes (R)
8 CLOSED FOR HOLIDAY	9 10 a.m. Caregiver Support Group 10:00 a.m. Move-N-Groove	10 10 a.m. Friends Meeting 2 p.m. Trivia	11 9:30 a.m. Fall Foliage Trip 10:30 a.m. State Senator Lesser Office Hours 1:15 p.m. Classic Movie: Cat on a Hot Tin Roof - Part 2	12 9:30 a.m. Matter of Balance Workshop 1:30 p.m. Book Club <i>Senior-Strong Wine & Beer Tasting 5-8 pm at Ludlow Country Club</i>
15 1:15 p.m. Movie: Tag (R, 105 min)	16 10:00 a.m. Move-N-Groove 1 p.m. Brown Bag	17 BIRTHDAY LUNCH 10:30 a.m. New Senior Center Update 11:30 Chorus Performs 4:30 p.m. COA Board Meeting	18 11:30 a.m. Lunch Bunch Trip 1:15 p.m. Classic Movie: Rebel Without A Cause (111 min)	19 8:10 a.m. Quilting Trip 8:30 a.m. Men's Breakfast In Wilbraham 9:30 a.m. Matter of Balance 10:00 a.m. Memory Café 1:15 p.m. Movie: Grace & Frankie episodes (R)
22 National Nut Day 10:30 a.m. Sample nuts in the Lounge 1:15 p.m. Movie: The Miracle Season (PG, 101 min) 1:30 p.m. RMV Near Me	23 OKTOBERFEST 11 a.m. Eddie C Performs 1 p.m. Hearing Appointments (<u>NO</u> Move-N-Groove today)	24 8:15 a.m. Facials 9:30 a.m. Jewelry Class 10 a.m. TRIAD 10:30 a.m. Veterans Agent Office Hours	25 1:15 p.m. Classic Movie: Hocus Pocus (PG, 96 min)	26 9:30 a.m. Matter of Balance 1:30 p.m. Book Club
29 1:15 p.m. Movie: Rampage (PG-13, 115 min)	30 NATIONAL CANDY CORN DAY 10:00 a.m. Move-N-Groove 10:30 am. Samples in Lounge	31 HALLOWEEN 10:30 a.m. Cookie Decorating 11:30 a.m. Costume Contest	Sylvia Ouellette would like to extend a special thank you to everyone who supported the handmade Quilt and Craft fundraiser for the Friends Building Fund.	