

OCTOBER LUNCH CALENDAR

Ludlow Senior Center • (413) 583-3564 • www.ludlow.ma.us

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Louisa with Egg Noodles Corn	2 Crab Cakes Coleslaw French Fries	3 Sausage Grinders Onions & Peppers Sun Chips	4 Salisbury Streak Mashed Potatoes Vegetables	5 Carla's Meatball Soup Small Salad
8 CLOSED FOR HOLIDAY	9 Chicken Fajita Salad	10 Baked Cod Rice Pilaf Mixed Vegetables	11 BBQ Riblet on a Roll Tater Tots	12 Hamburg Chow Mein over Mashed Potatoes
15 Chili 1/2 Baked Potato Corn Bread	16 Chef Salad	17 BIRTHDAY LUNCH Stuffed Chicken Breast Scalloped Potatoes Green Beans	18 Spaghetti with Meat Balls	19 Tuna Melt "Must Go Soup"
22 Seafood Newburg over Rice	23 OKTOBERFEST Beer Braised Pork w/ Onions & Sauerkraut German Potato Salad	24 Baked Ranch Chicken Vegetable Small Salad	25 Potato Crunch Fish Sweet Potato Fries Three Bean Salad	26 Hot Dogs Baked Beans Brown Bread
29 Chicken Patty Sandwich with L&T French Fries	30 Stuffed Cabbage with Egg Noodles	31 HALLOWEEN BBQ Bat Wings Roasted Eyeballs Glazed Fingers	Please bear with us while we search for a new cook. Menu may change. Please check with the front desk when you sign up.	