

FEBRUARY LUNCH CALENDAR

Ludlow Senior Center • (413) 583-3564 • www.ludlow.ma.us

Monday	Tuesday	Wednesday	Thursday	Friday
<p>“WHEN WE WERE YOUNG” It was suggested that many of you would like to show others how good looking you were in your younger years. Maria will be collecting pictures from anyone who wants to participate in this activity. From February 3 to February 14, 2020, you may submit ONE picture from your past to Maria. We will copy the picture and return the original to you. Then on Thursday, February 20th we will display all pictures and have you will try to guess who they are!</p>				
3 Tuna Salad Plate	4 Beef Enchilada Rice Corn Bread	5 Eggplant Parmesan Over Ziti Garlic Bread	6 Chicken Sorento Mashed Potatoes Mixed Vegetables	7 Pizza Side Salad
10 Meatball Grinder Fries	11 LUNCH & LEARN Beef Stew with a Biscuit	12 BBQ Turkey Burger Lettuce & Tomato Sweet Potato Fries	13 Vegetable Lasagna Garlic Bread	14 VALENTINE'S LUNCH Chicken Piccata Rice Broccoli
17 HOLIDAY CENTER CLOSED	18 Baked Cod Rice Carrots	19 BIRTHDAY LUNCH Meatloaf Mashed Potatoes Green Beans	20 Turkey Bacon Ranch Wrap Macaroni Salad	21 Ham & Broccoli Casserole
24 Stuffed Shells Garlic Bread	25 MARDI GRAS LUNCH Chicken, Shrimp & Sausage Jambalaya Rice & Vegetable	26 Chef Salad	27 Vegetable Chili Baked Potato	28 STAFF TRAINING DAY LUDLOW SENIOR CENTER CLOSED TODAY